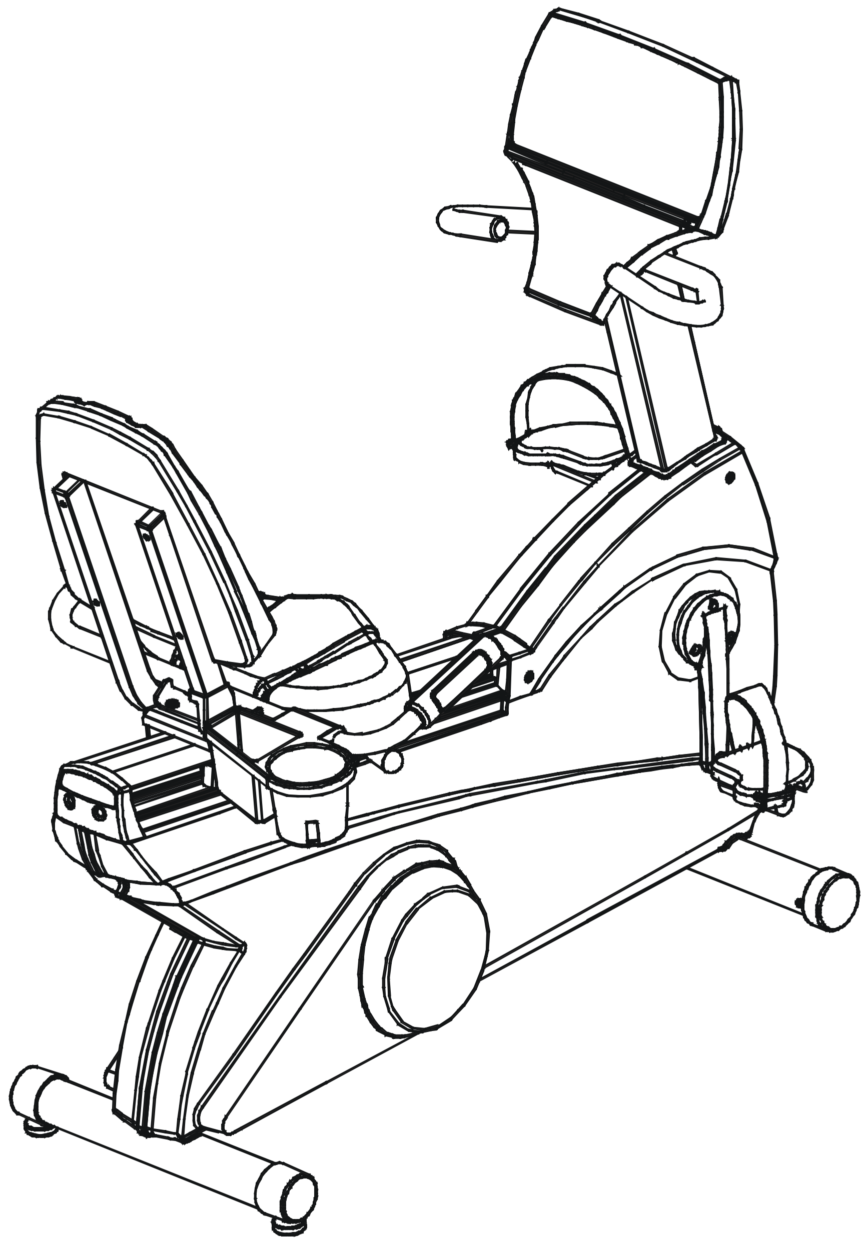
Life Fitness

Arctic Silver 95RWEZ Recumbent Bike



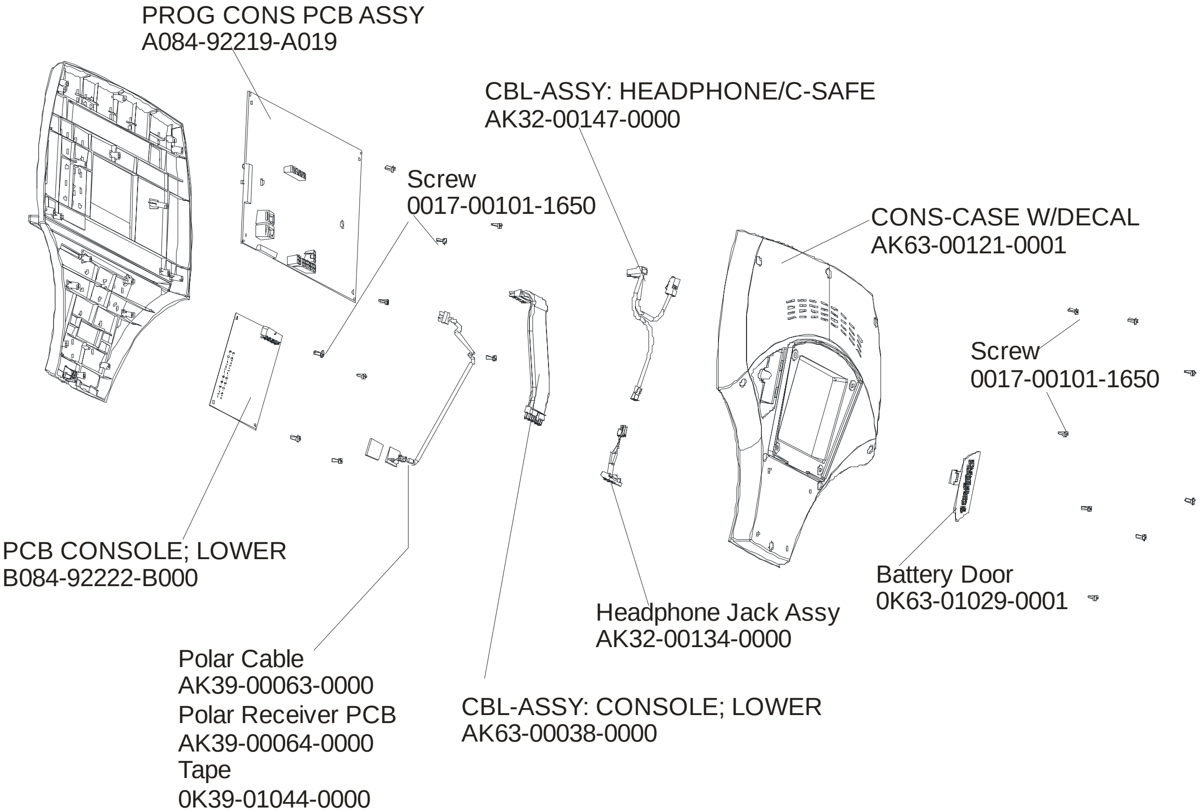
Customer Support Services

PARTS MANUAL

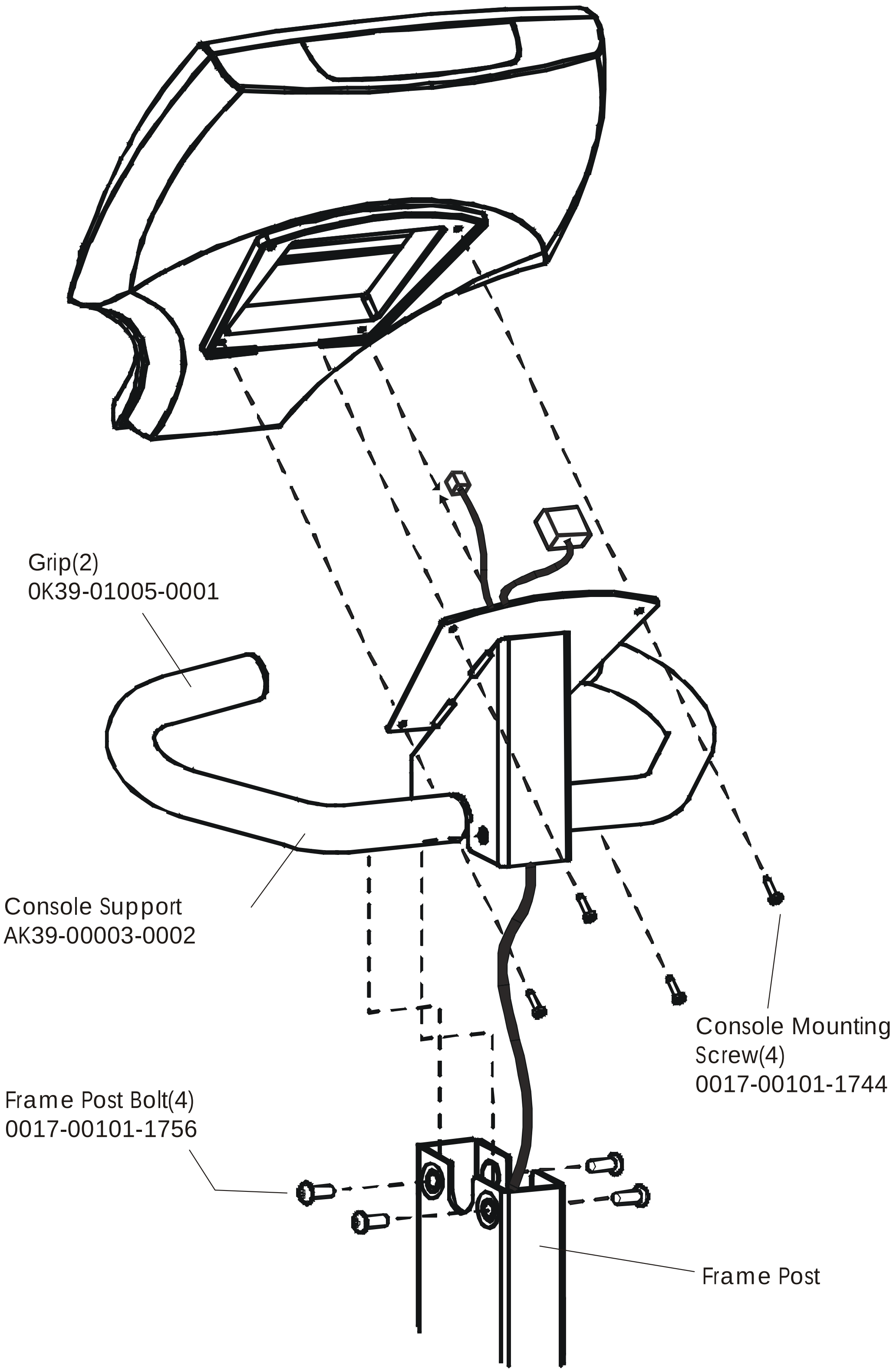
rev 01 May 2008

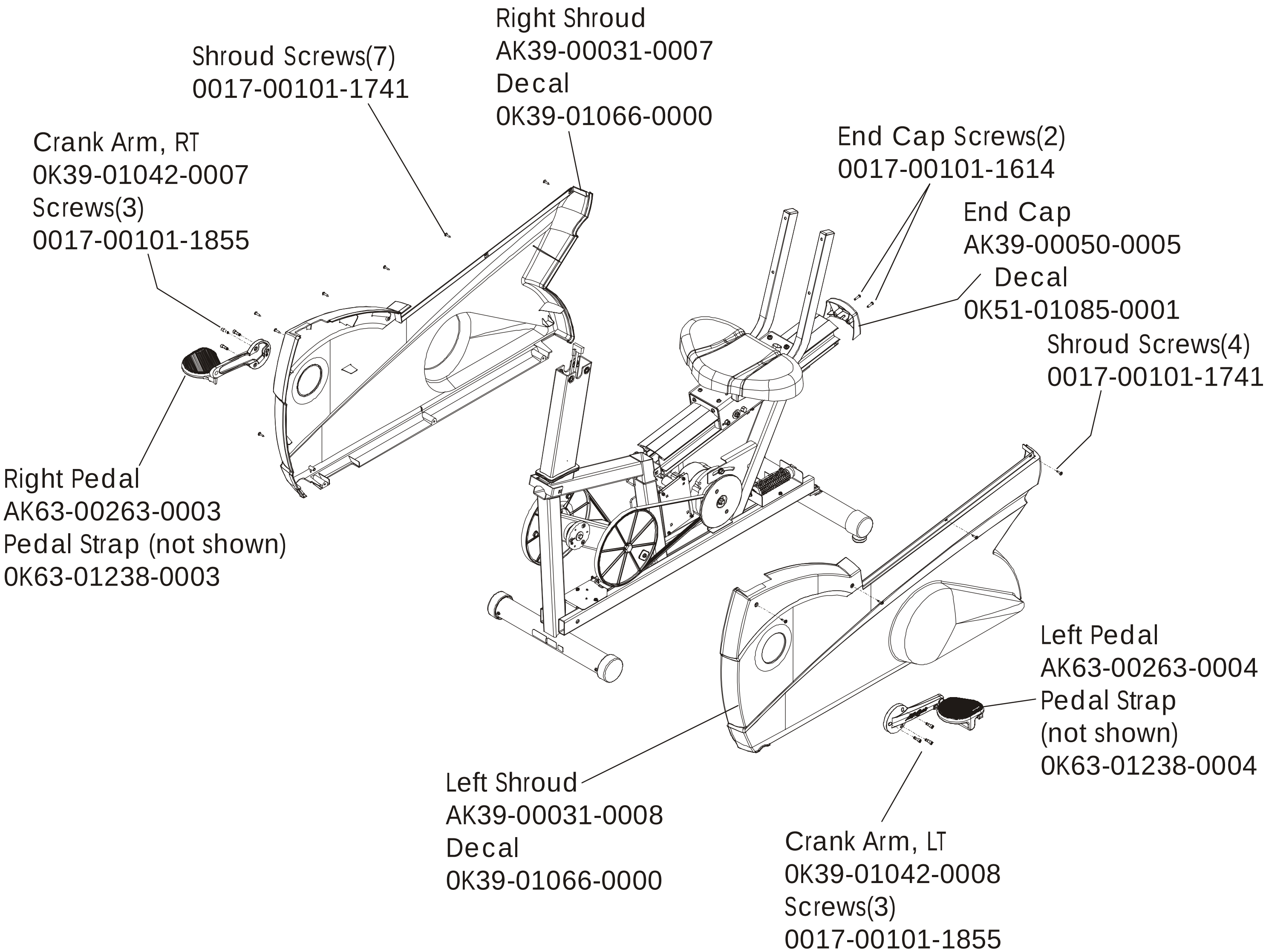
POWER OPTION KIT 120V	GK39-00002-0002
POWER OPTION KIT 240/50 UK	GK39-00002-0004
POWER OPTION KIT 240V AUSTRALIA	GK39-00002-0005
POWER OPTION KIT 230/50 CON	GK39-00002-0006
HARDWARE BAG	GK39-00002-0008
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	 0017-00008-0204 0017-00008-0205 0017-00008-0206
SERVICE MANUAL	M051-00K39-A012

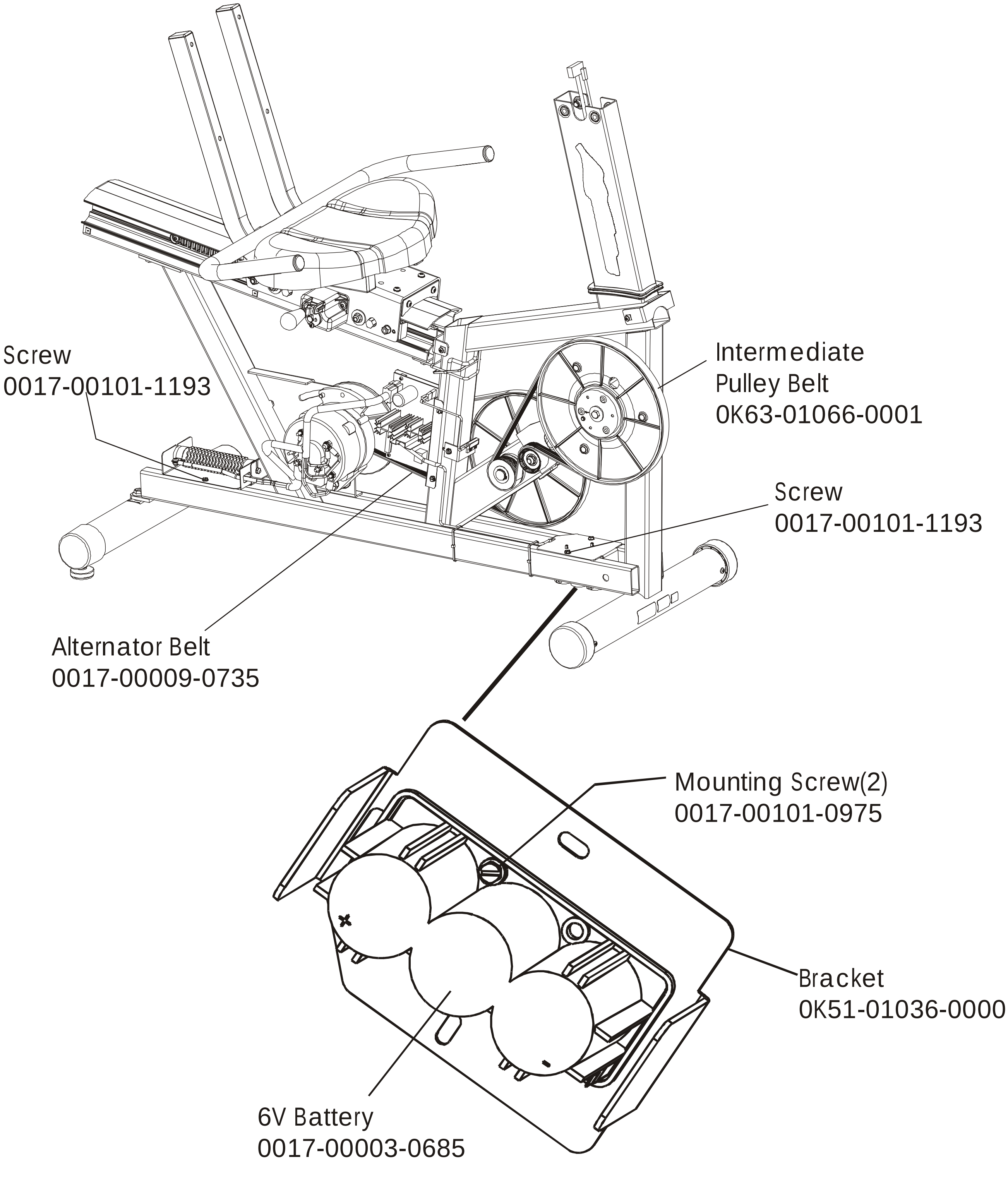
Page

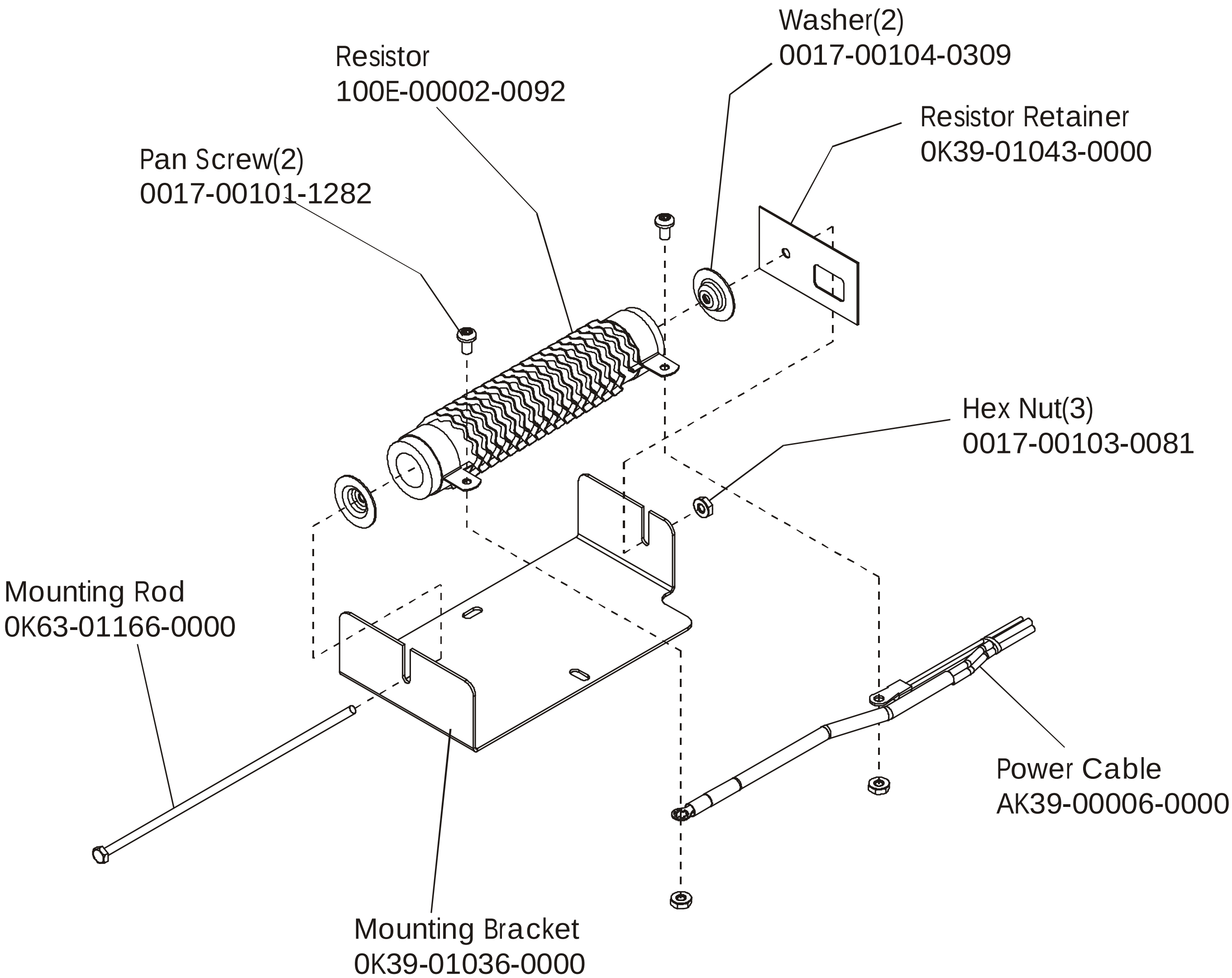


Part Number	. Console Assembly	Part Number	Bezel/Switch W/Overlay Assy
AK39-00106-0001	CONS-ASSY: 95CEZ; ENG	AK63-00250-0001	BZL/SW W/OVERLAY ASSY: MFG; 95CEZ/95REZ ENG
AK39-00106-0002	CONS-ASSY; 95CEZ; EUR		
AK39-00106-0003	CONS-ASSY; 95CEZ; GER	AK63-00250-0003	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ GER
AK39-00106-0004	CONS-ASSY; 95CEZ; SPN	AK63-00250-0004	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ SPN
AK39-00106-0006	CONS-ASSY; 95CEZ; JAP	AK63-00250-0006	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ JAP
AK39-00106-0007	CONS-ASSY; 95CEZ; FRN	AK63-00250-0007	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ FRN
AK39-00106-0008	CONS-ASSY; 95CEZ; ITL	AK63-00250-0008	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ ITL
AK39-00106-0009	CONS-ASSY; 95CEZ; DUT	AK63-00250-0009	BZL/SW W/OVERLAY ASSY: 95CEZ/95REZ DUT
AK39-00106-0010	CONS-ASSY; 95CEZ; POR	AK63-00250-0010	BZL/SW W/OVERLAY ASSY:; 95CEZ/95REZ POR
AK39-00106-0014	CONS-ASSY; 95CEZ; TUR		

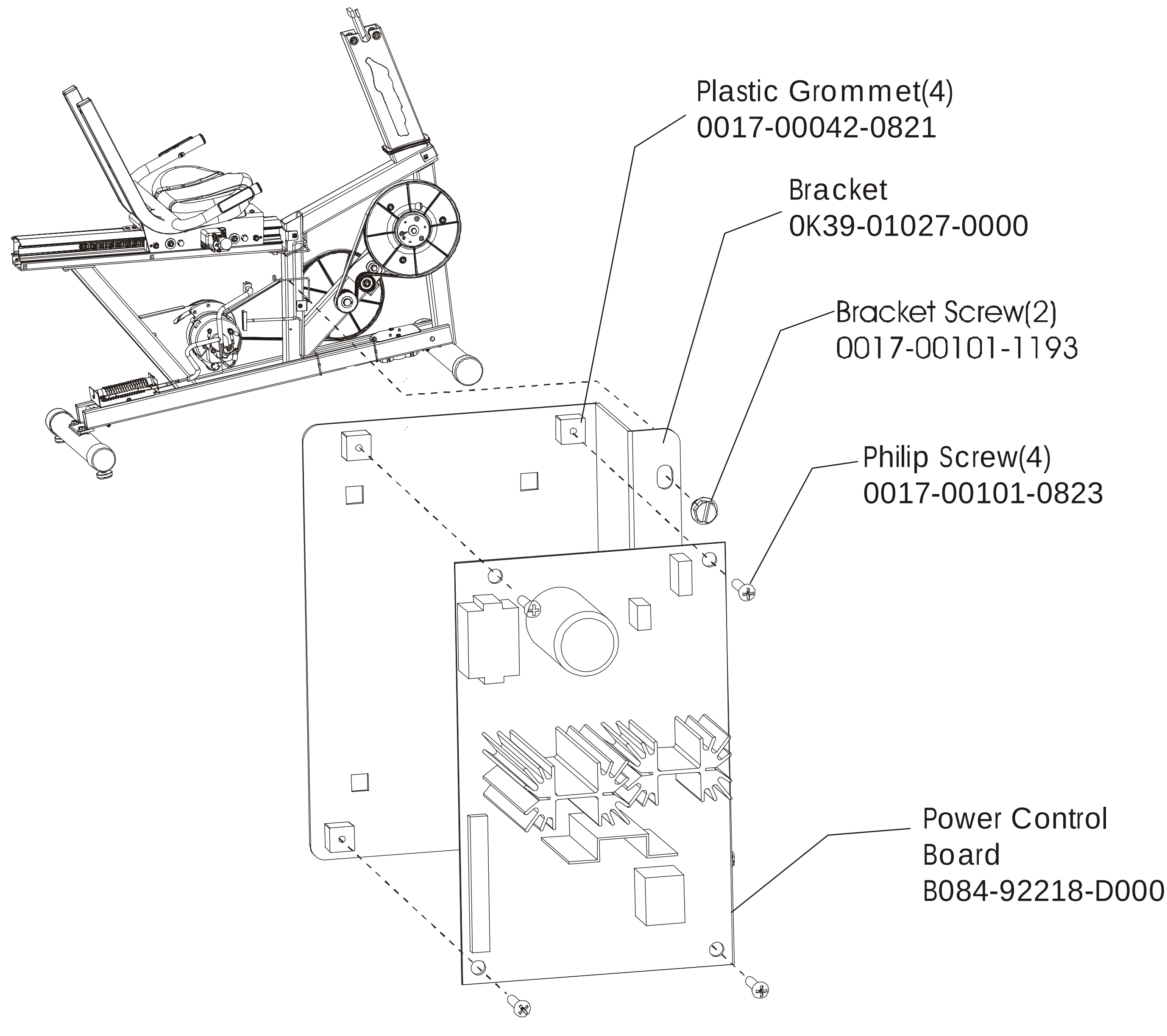

Grip(2)
0K39-01005-0001
Console Support
AK39-00003-0002
Console Mounting
Screw(4)
0017-00101-1744
Frame Post Bolt(4)
0017-00101-1756
Frame Post


Right Shroud
AK39-00031-0007
Decal
0K39-01066-0000
Shroud Screws(7)
0017-00101-1741
Crank Arm, RT
0K39-01042-0007
Screws(3)
0017-00101-1855
End Cap Screws(2)
0017-00101-1614
End Cap
AK39-00050-0005
Decal
0K51-01085-0001
Shroud Screws(4)
0017-00101-1741
Right Pedal
AK63-00263-0003
Pedal Strap (not shown)
0K63-01238-0003
Left Pedal
AK63-00263-0004
Pedal Strap
(not shown)
0K63-01238-0004
Left Shroud
AK39-00031-0008
Decal
0K39-01066-0000
Crank Arm, LT
0K39-01042-0008
Screws(3)
0017-00101-1855

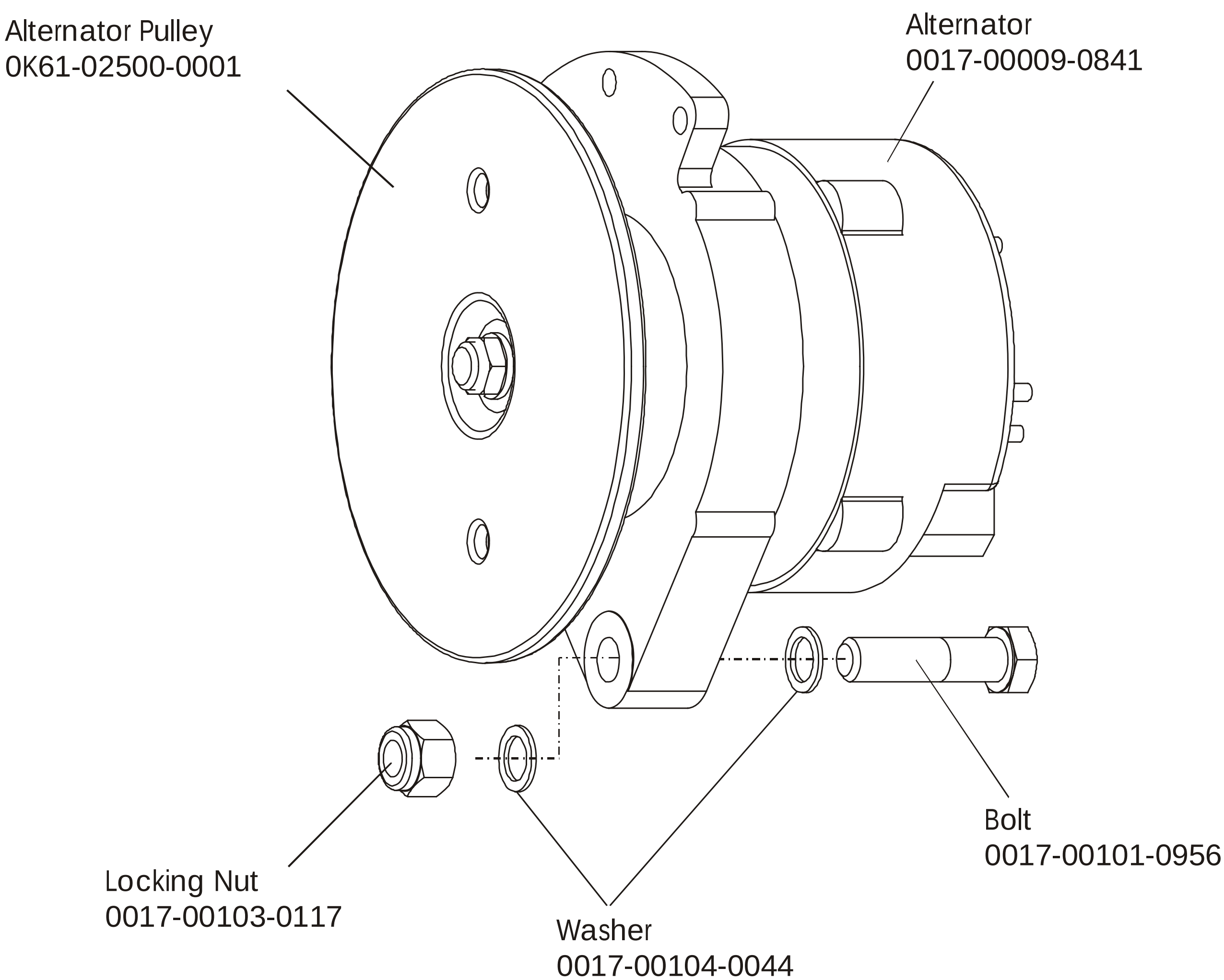

Screw
0017-00101-1193
Intermediate
Pulley Belt
0K63-01066-0001
Screw
0017-00101-1193
Alternator Belt
0017-00009-0735
Mounting Screw(2)
0017-00101-0975
Bracket
0K51-01036-0000
6V Battery
0017-00003-0685

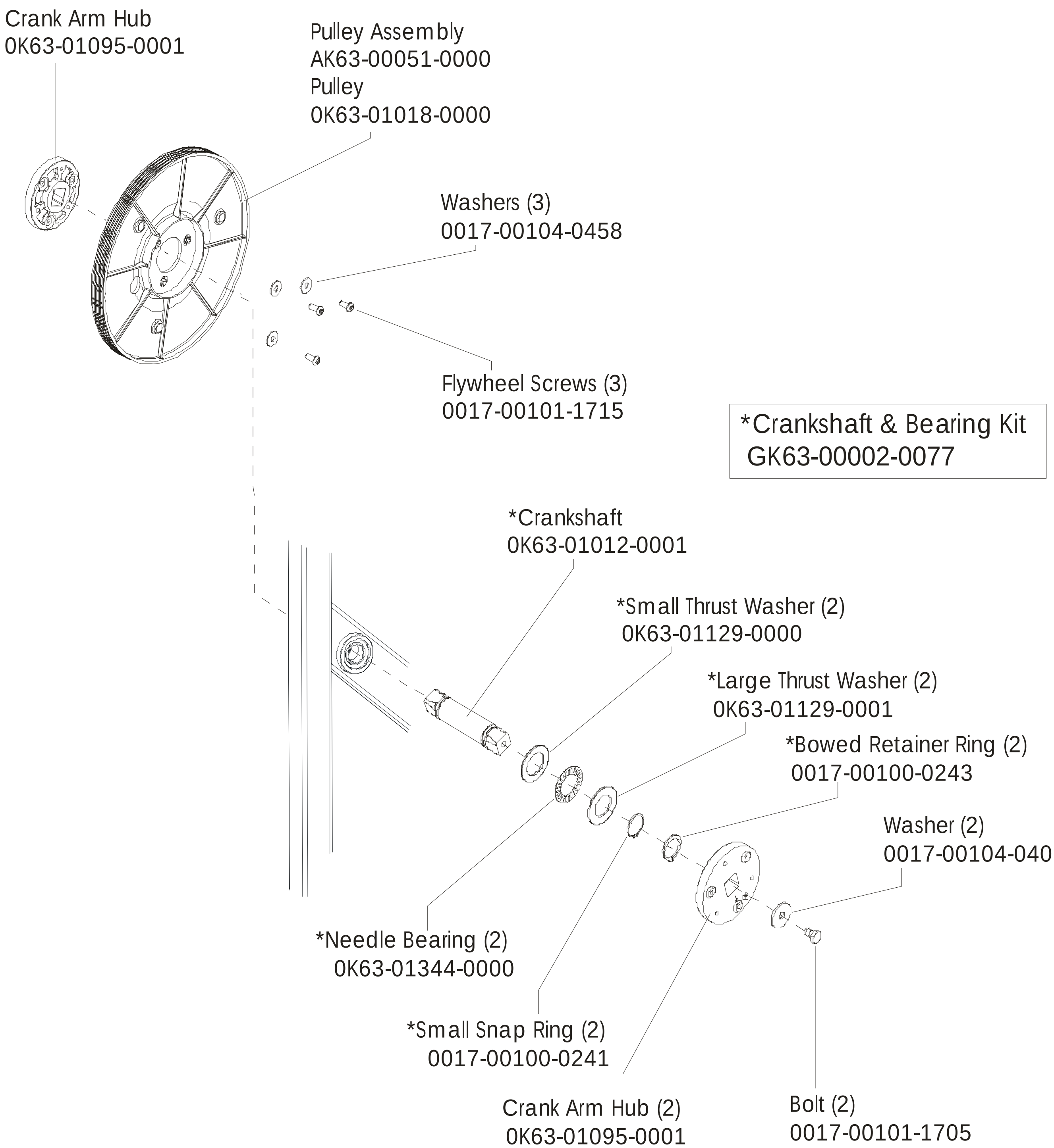

Washer(2)
0017-00104-0309
Resistor
100E-00002-0092
Resistor Retainer
0K39-01043-0000
Pan Screw(2)
0017-00101-1282
Hex Nut(3)
0017-00103-0081
Mounting Rod
0K63-01166-0000
Power Cable
AK39-00006-0000
Mounting Bracket
0K39-01036-0000

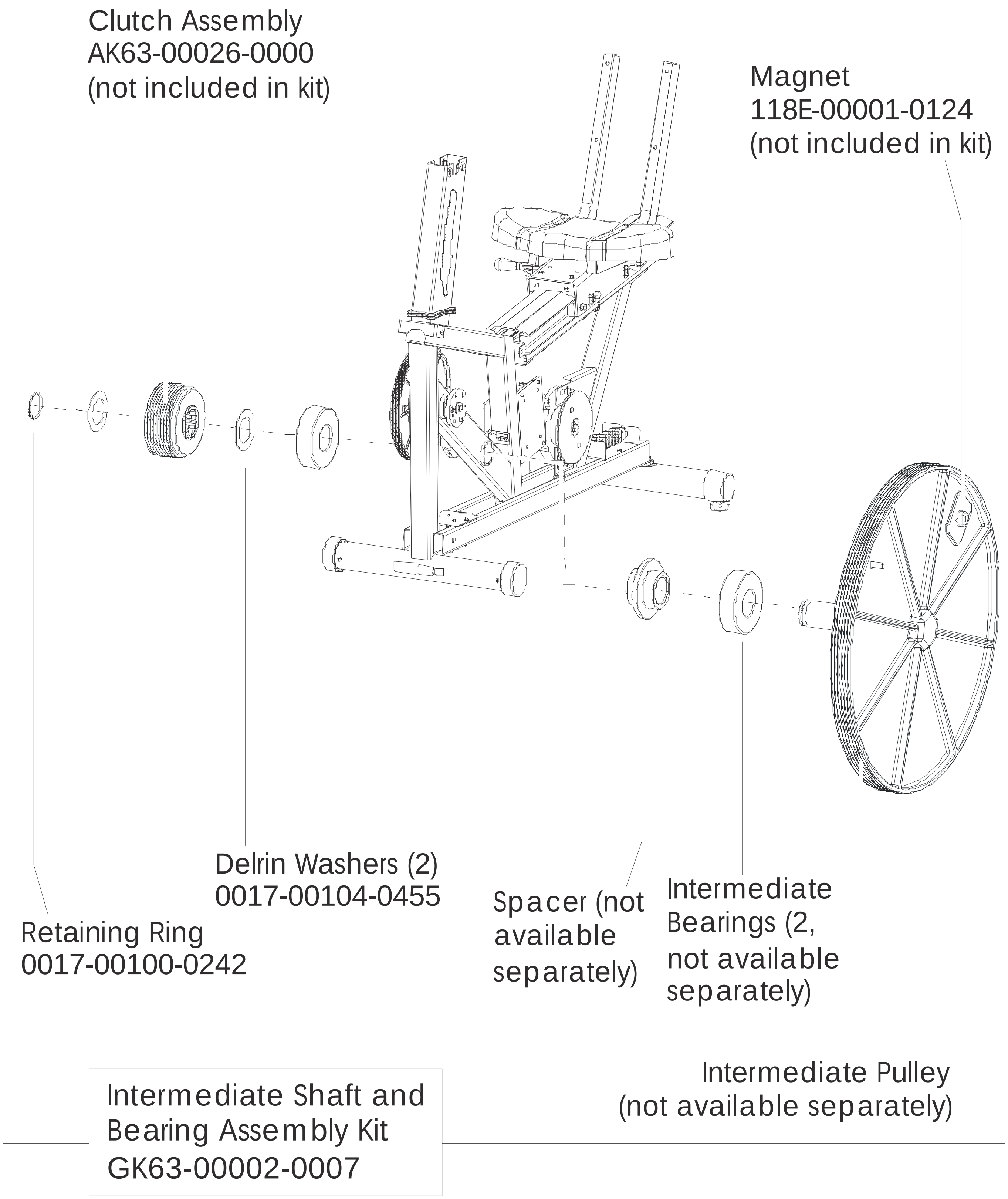
Assembly Number - AK39-00022-0001



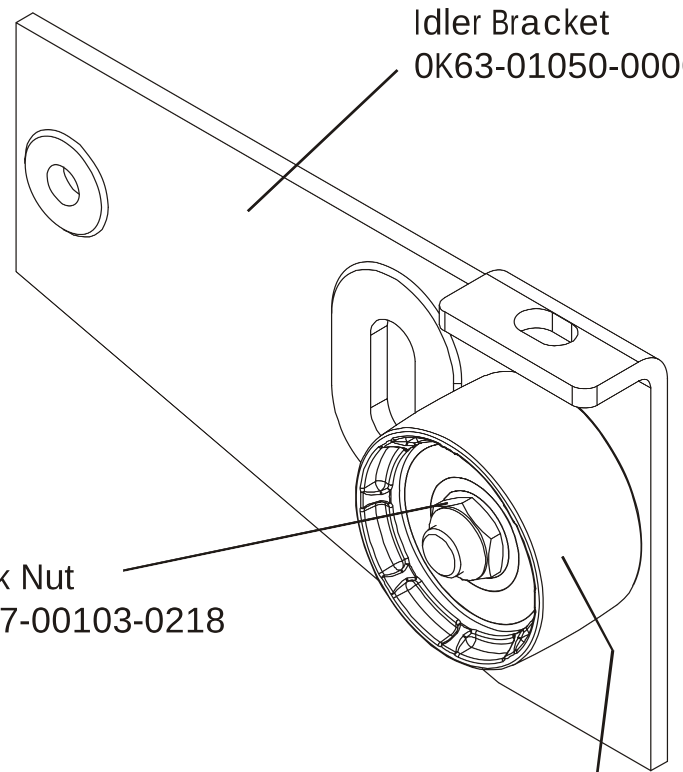
Assembly Number – AK63-00093-0000

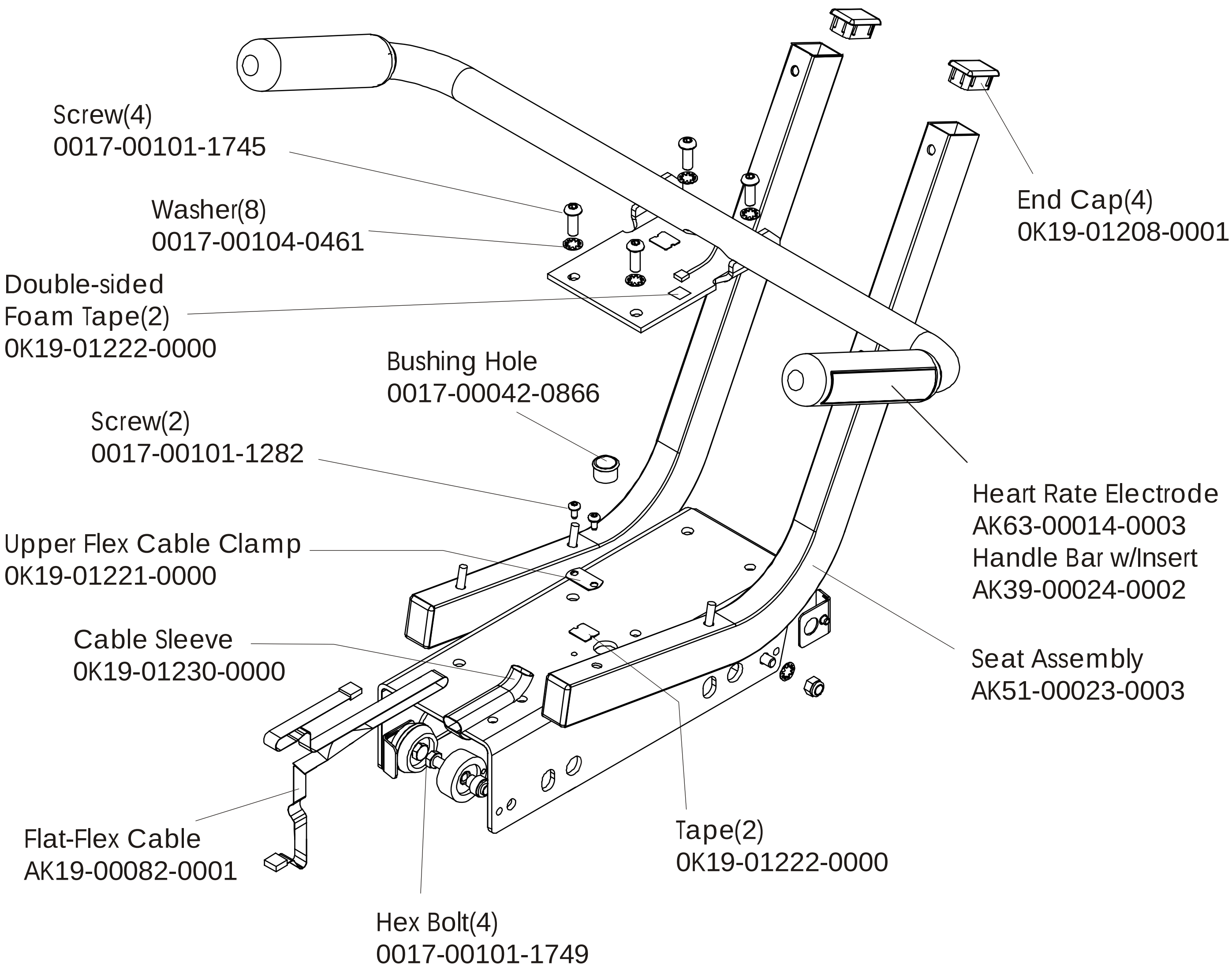



Crank Arm Hub
0K63-01095-0001
Pulley Assembly
AK63-00051-0000
Pulley
0K63-01018-0000
Washers (3)
0017-00104-0458
Flywheel Screws (3)
0017-00101-1715
*Crankshaft & Bearing Kit
GK63-00002-0077
*Crankshaft
0K63-01012-0001
*Small Thrust Washer (2)
0K63-01129-0000
*Large Thrust Washer (2)
0K63-01129-0001
*Bowed Retainer Ring (2)
0017-00100-0243
Washer (2)
0017-00104-040
*Needle Bearing (2)
0K63-01344-0000
*Small Snap Ring (2)
0017-00100-0241
Crank Arm Hub (2)
0K63-01095-0001
Bolt (2)
0017-00101-1705

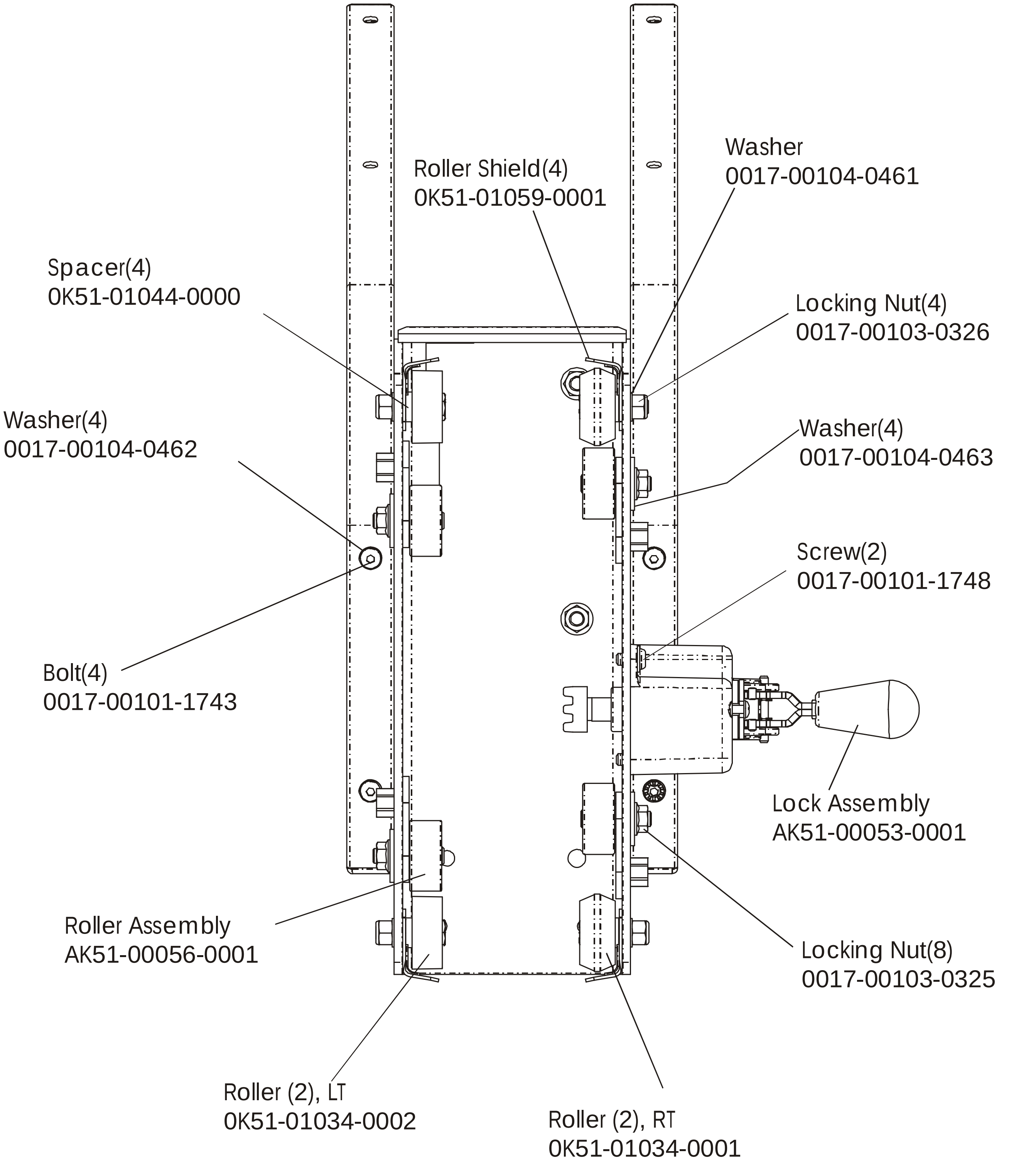

Clutch Assembly
AK63-00026-0000
(not included in kit)
Magnet
118E-00001-0124
(not included in kit)
Delrin Washers (2)
0017-00104-0455
Retaining Ring
0017-00100-0242
Spacer (not available separately)
Intermediate Bearings (2, not available separately)
Intermediate Pulley
(not available separately)
Intermediate Shaft and Bearing Assembly Kit
GK63-00002-0007

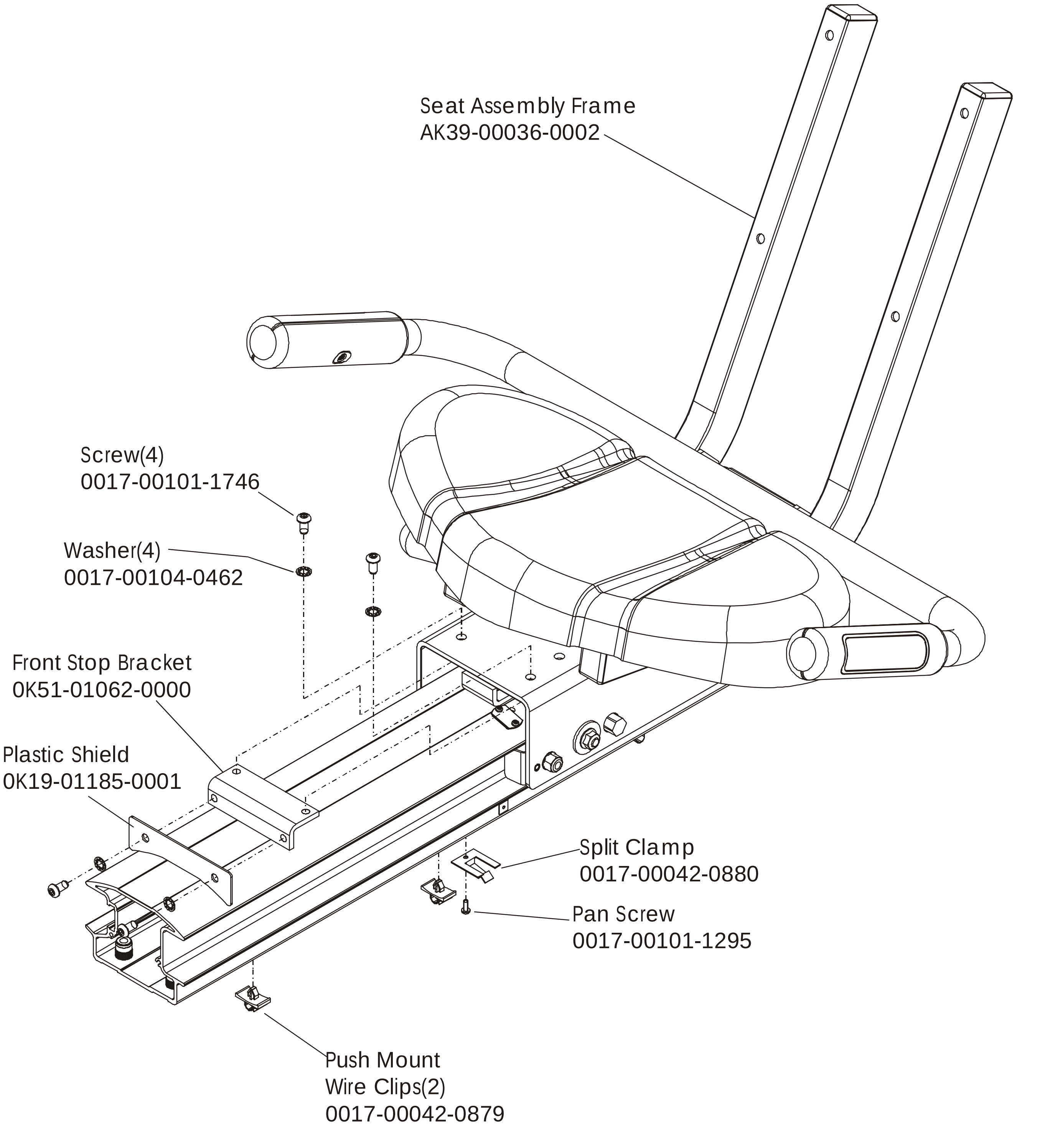
Idler Bracket Assembly – AK63-00021-0000

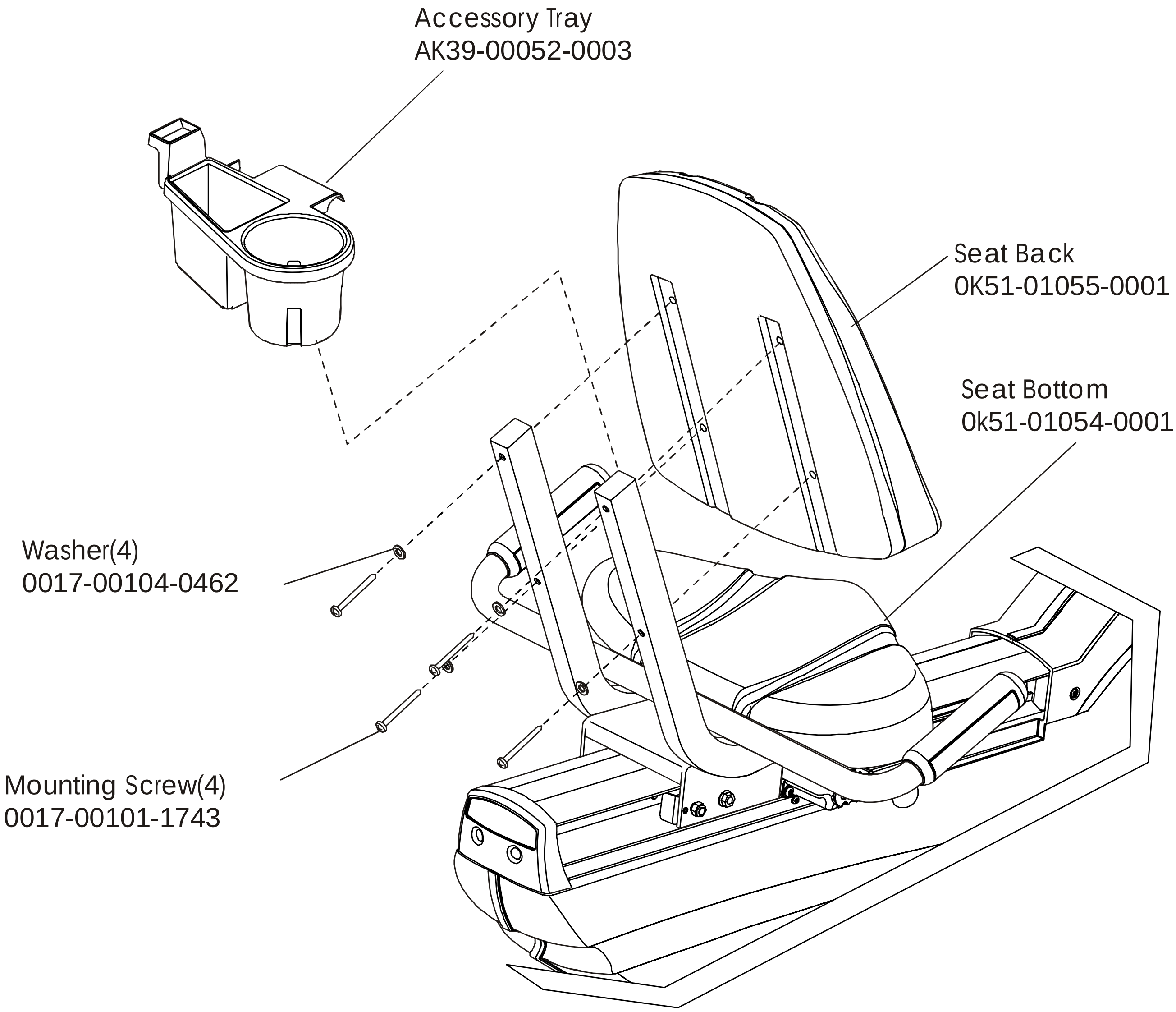


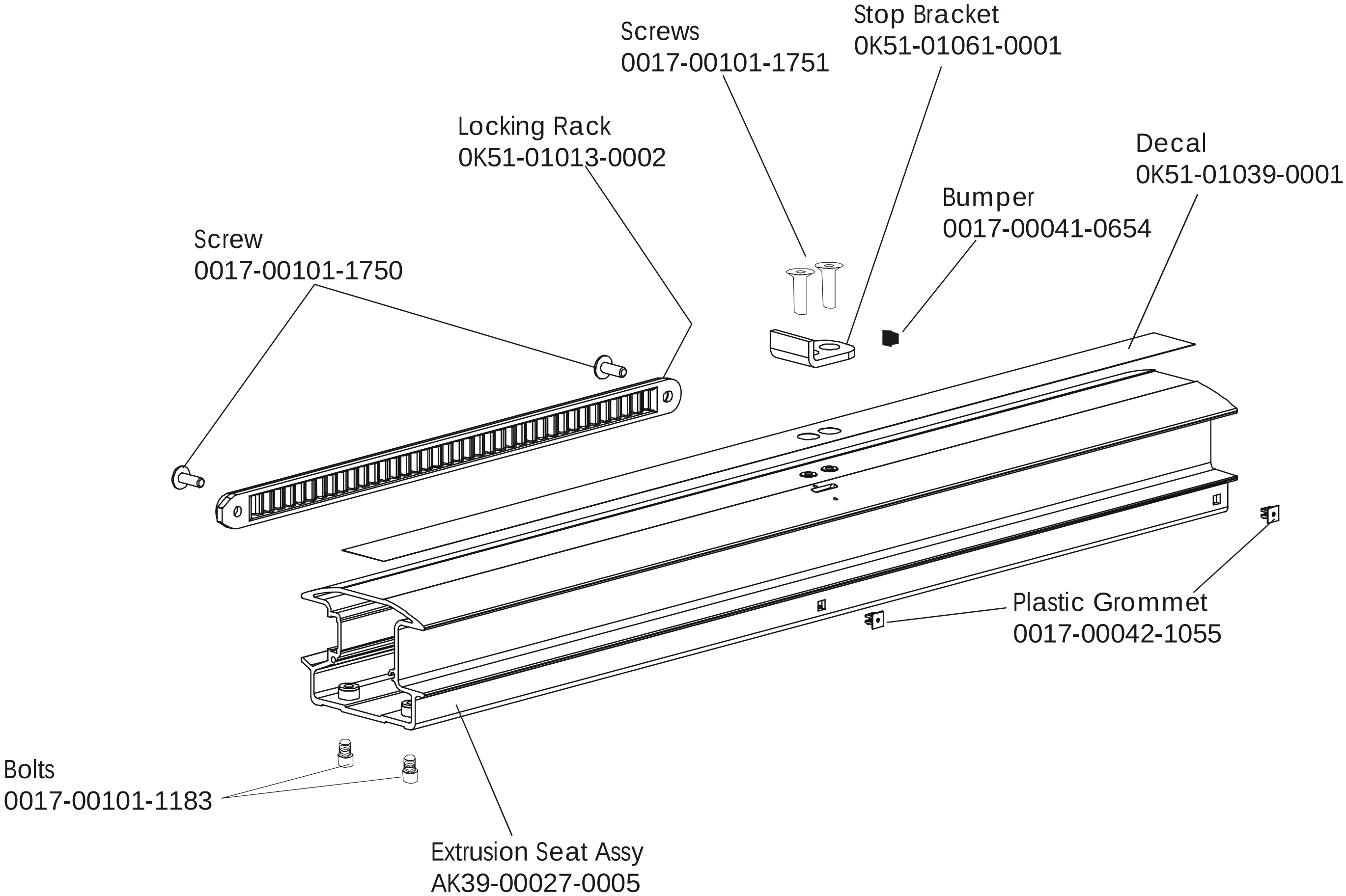


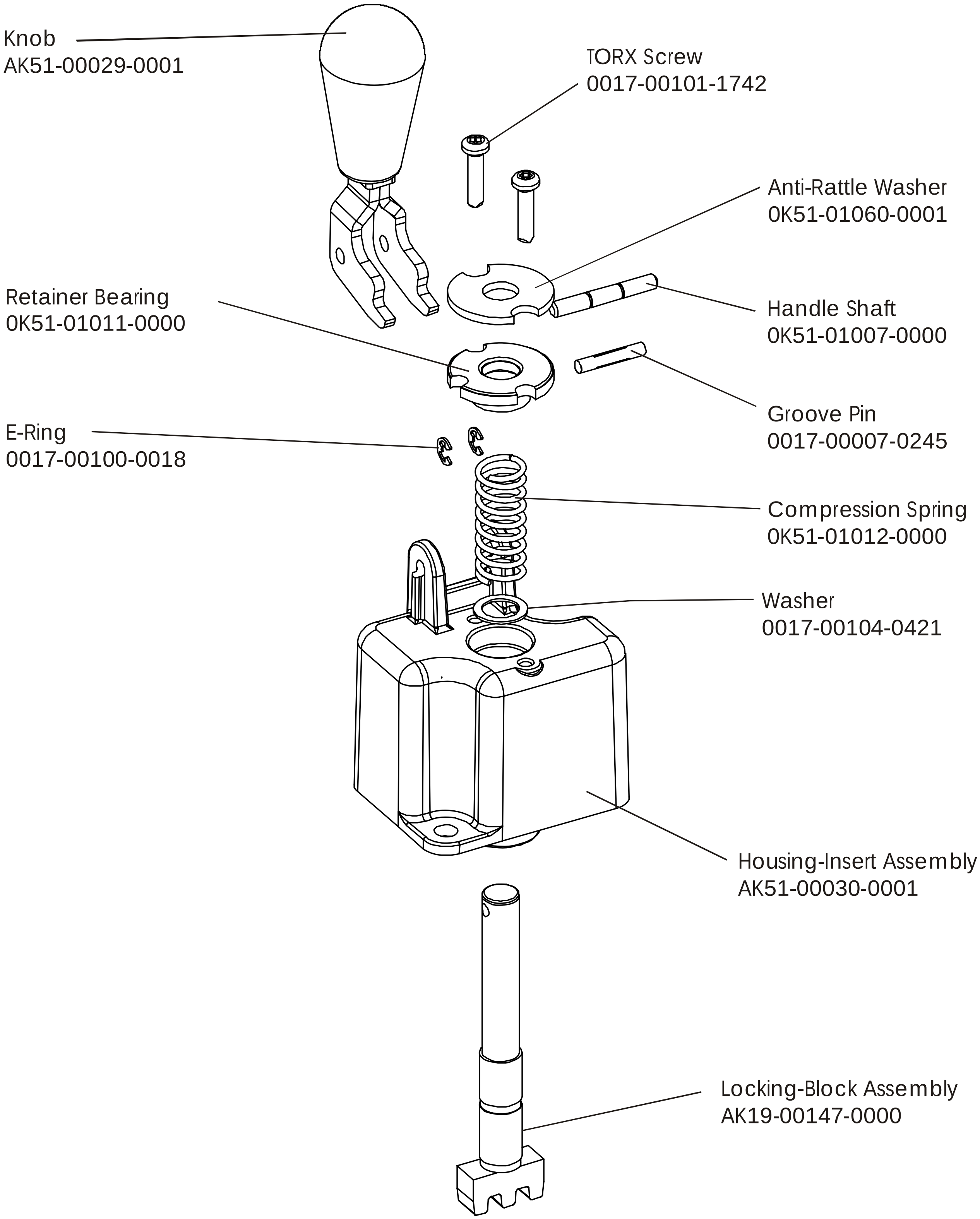
Screw(4)
0017-00101-1745
Washer(8)
0017-00104-0461
Double-sided
Foam Tape(2)
0K19-01222-0000
Bushing Hole
0017-00042-0866
Screw(2)
0017-00101-1282
Upper Flex Cable Clamp
0K19-01221-0000
Cable Sleeve
0K19-01230-0000
Flat-Flex Cable
AK19-00082-0001
Hex Bolt(4)
0017-00101-1749
Tape(2)
0K19-01222-0000
End Cap(4)
0K19-01208-0001
Heart Rate Electrode
AK63-00014-0003
Handle Bar w/Insert
AK39-00024-0002
Seat Assembly
AK51-00023-0003

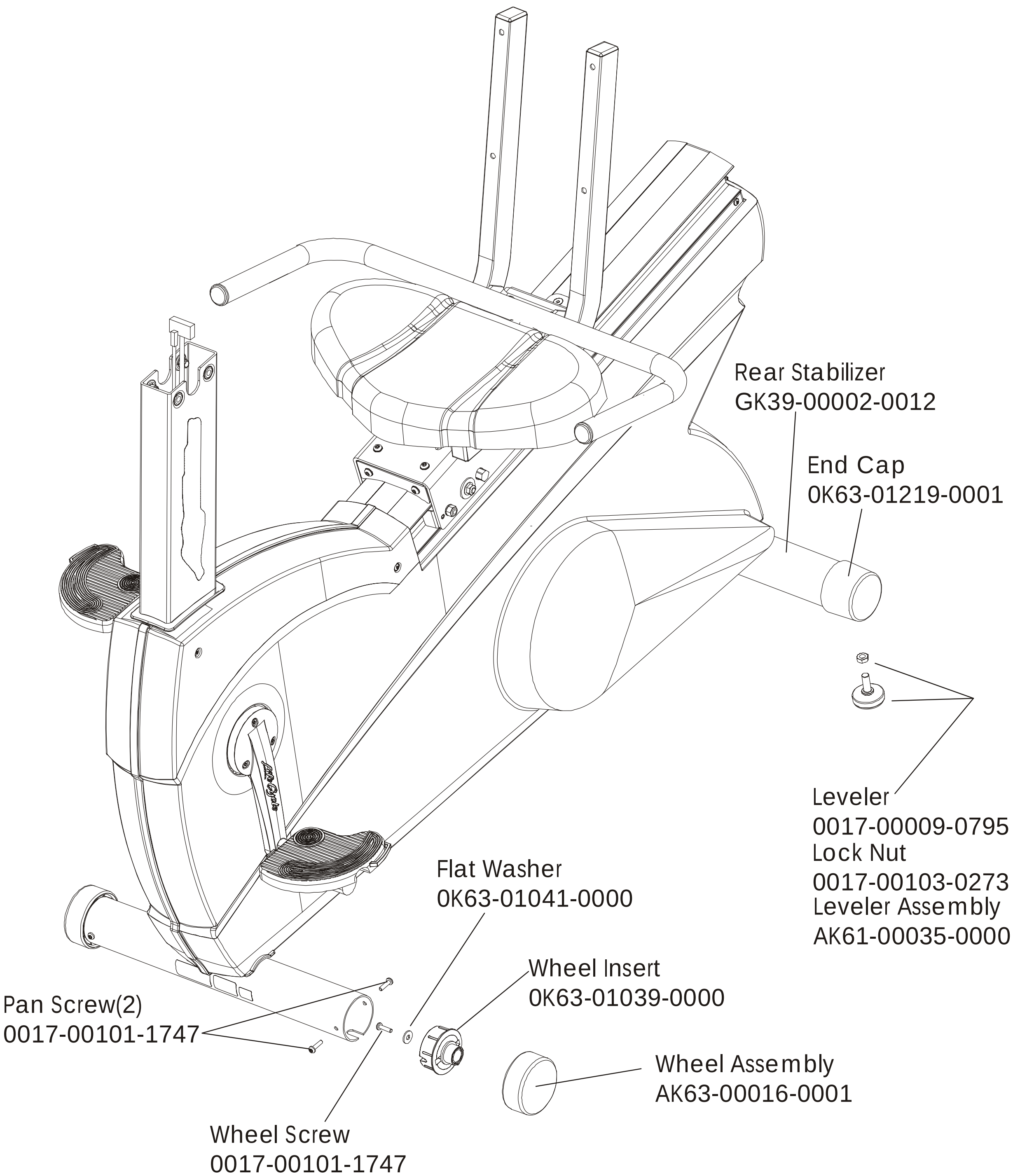

Roller Shield(4)
0K51-01059-0001
Washer
0017-00104-0461
Spacer(4)
0K51-01044-0000
Locking Nut(4)
0017-00103-0326
Washer(4)
0017-00104-0462
Washer(4)
0017-00104-0463
Screw(2)
0017-00101-1748
Bolt(4)
0017-00101-1743
Lock Assembly
AK51-00053-0001
Roller Assembly
AK51-00056-0001
Locking Nut(8)
0017-00103-0325
Roller (2), LT
0K51-01034-0002
Roller (2), RT
0K51-01034-0001

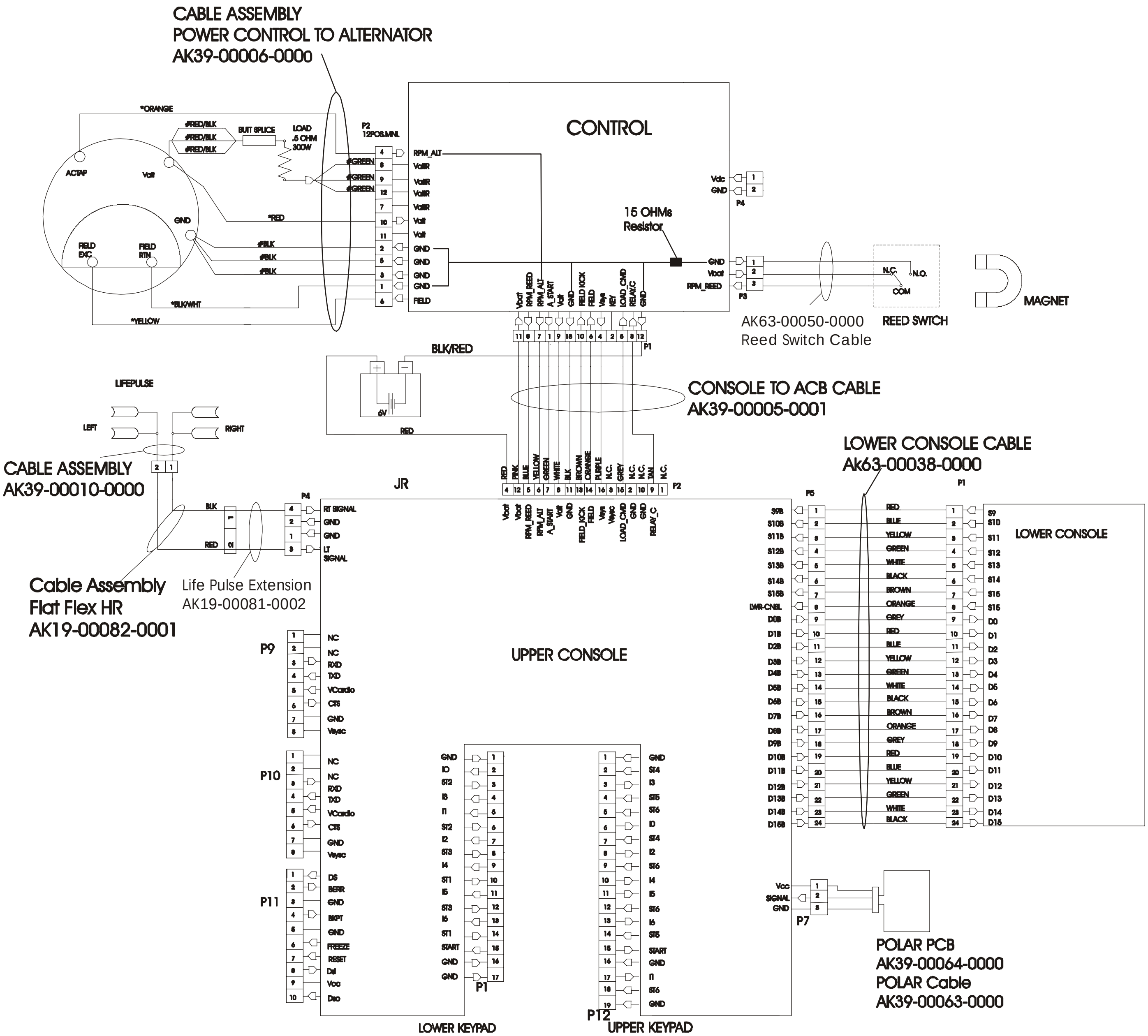

Seat Assembly Frame
AK39-00036-0002
Screw(4)
0017-00101-1746
Washer(4)
0017-00104-0462
Front Stop Bracket
0K51-01062-0000
Plastic Shield
0K19-01185-0001
Split Clamp
0017-00042-0880
Pan Screw
0017-00101-1295
Push Mount
Wire Clips(2)
0017-00042-0879


Accessory Tray
AK39-00052-0003
Seat Back
0K51-01055-0001
Seat Bottom
0k51-01054-0001
Washer(4)
0017-00104-0462
Mounting Screw(4)
0017-00101-1743


Screws
0017-00101-1751
Stop Bracket
0K51-01061-0001
Locking Rack
0K51-01013-0002
Decal
0K51-01039-0001
Bumper
0017-00041-0654
Screw
0017-00101-1750
Plastic Grommet
0017-00042-1055
Bolts
0017-00101-1183
Extrusion Seat Assy
AK39-00027-0005


Knob
AK51-00029-0001
TORX Screw
0017-00101-1742
Anti-Rattle Washer
0K51-01060-0001
Retainer Bearing
0K51-01011-0000
Handle Shaft
0K51-01007-0000
Groove Pin
0017-00007-0245
E-Ring
0017-00100-0018
Compression Spring
0K51-01012-0000
Washer
0017-00104-0421
Housing-Insert Assembly
AK51-00030-0001
Locking-Block Assembly
AK19-00147-0000


Rear Stabilizer
GK39-00002-0012
End Cap
0K63-01219-0001
Leveler
0017-00009-0795
Lock Nut
0017-00103-0273
Leveler Assembly
AK61-00035-0000
Flat Washer
0K63-01041-0000
Wheel Insert
0K63-01039-0000
Pan Screw(2)
0017-00101-1747
Wheel Assembly
AK63-00016-0001
Wheel Screw
0017-00101-1747



CABLE ASSEMBLY
POWER CONTROL TO ALTERNATOR
AK39-00006-0000
CONTROL
15 OHMs
Resistor
AK63-00050-0000
Reed Switch Cable
REED SWITCH
MAGNET
BLK/RED
6V
RED
CONSOLE TO ACB CABLE
AK39-00005-0001
LIFEPULSE
LEFT
RIGHT
CABLE ASSEMBLY
AK39-00010-0000
LOWER CONSOLE CABLE
Ak63-00038-0000
JR
LOWER CONSOLE
Cable Assembly
Flat Flex HR
AK19-00082-0001
Life Pulse Extension
AK19-00081-0002
P9
P10
P11
UPPER CONSOLE
P7
POLAR PCB
AK39-00064-0000
POLAR Cable
AK39-00063-0000
P1
P12
LOWER KEYPAD
UPPER KEYPAD